



BlueGrass Renal Care, PSC

Quality is Never An Accident

www.bluegrassrenalcare.com

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Test Date: ____/____/____

Location: Lexington Office: ____ **Georgetown Office:** ____ **Other:** _____

You are going to have the following test

___ **Diagnostic Renal Ultrasound** -- this exam assesses the kidneys to determine size, shape and to detect a mass, cyst, stone or other obstruction in the kidney.

___ **Renal Artery Doppler Ultrasound** -- this exam evaluates blood flow to the kidneys to determine if there is a narrowing or blockage of the renal arteries (also called stenosis or renovascular disease). The abdominal aorta might also be evaluated. You will hear pulse-like sounds during this test and this is normal.

___ **Diagnostic Bladder Ultrasound**-- this exam evaluates the bladder to detect a mass and is also used to measure the amount of urine remaining in the bladder after voiding.

Preparation for the above exams is as follows:

- For morning appointments, do not eat food or drink liquids after midnight the night before your exam.
- Take medications as usual with a small amount of water.
- For noon or later appointments, do not eat food or drink liquids 6 hours prior to your exam.
- Do not smoke or chew gum prior to your exam as they can increase stomach gas.
- Take two GasEx tablets the night before the test and two tablets two hours before the test.
- Allow 30-60 minutes for the exam and wear loose, comfortable clothes. For most exams you will not need to change out of your clothes.